Index to Volume 9

Key to page numbers:

1–48	January–March 1977
49–96	April–June 1977
97–144	July–September 1977
144–192	October–December 1977

Author Index

Note: See Subject/Title Index for entries listed by subject and title.

Sections of this Journal are indexed below as follows:

Editorials—by author
Commentary, Feature and Research Articles, Letters to the Editor, Perspective, Program Ideas—by first author with second author(s) cross-referenced
Audiovisual and Pamphlet Reviews—by title only (see Subject/Title Index, p. 189)
Book Reviews—by first author only, with book reviewers also indexed

A

American Association of Agricultural College Editors, Communications handbook, book review of, 36
Arlin, M., The science of nutrition, book review of, 181; book reviewer, 136
Arnott, M. L., Ed., Gastronomy, The anthropology of food and food habits, book review of, 83
Avery, B. V., More views of WIC, letter to the editor, 8

B

Barker, J. A. and S. C. Barker, Futures techniques applied to nutrition education, program idea, 72
Barker, S. C., book reviewer, 139; see also Barker, J. A.
Barr, S. I., see Schwartz, N. E.
Barrett, S. and G. Knight, Eds., The health robbers, book review of, 84
Barte, G. V. and J. H. Peters, book reviewers, 37
Beaton, G. H., book reviewer, 83
Bergan, J. G., book reviewer, 38
Bergholz, A. S., J. Magee, J. Hamblen and K. J. Loomis, U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 157
Bowering, J., M. A. Morrison, R. L. Lowenberg and N. Tirado, Evaluating 24-hour dietary recalls, 20
Bramlett, B. J., see Marshall, L.
Briggs, G. M., see Weininger, J.
Brightwell, D. R., book reviewer, 85
Brown, J., Graduate students examine TV ads for food, program idea, 120
Brown, S. Z., U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 157

C

Calderoni, L., U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 157
Calvert, S., book reviewer, 179
CARE, Nutrition planning in the developing world, Proceedings of regional workshops held by CARE in India, Kenya, and Colombia, book review of, 84
Celender, I. M., U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 156
Chethik, B. B., The brief encounter with nutrition education, 64
Chrispeels, M. J. and D. Sadava, Plants, food and people, book review of, 181
Clamp, B. A. book reviewer, 85
Clydesdale, F. M. and F. J. Francis, Food, nutrition and you, book review of, 182
Coffey, K. R., book reviewer, 179
Collipp, P. J., Ed., Childhood obesity, book review of, 179
Combs, G. F., book reviewer, 182
Contento, I., book reviewer, 181
Cook, C. B., D. A. Eiler and E. C. Kaminaka, How much nutrition education in grades K–6? 131
Cormier, A. and M. Préfontaine, Does behavior modification work for obese young adults? 31
Corruccini, C. G., book reviewer, 181
Crim, M. C., book reviewer, 36
Cross, M. Z., see Herbert-Jackson, E.
Cyborski, C. K., Nutrition content in medical curricula, 17
Czajkowski, J. M., book reviewer, 83

D

Deutsch, R. M., Realities of nutrition, book review of, 37; The new nuts among the berries, book review of, 137
D'Onofrio, C. N., book reviewer, 137
Doss, H. with R. L. Wells, All the better to bite with, book review of, 139
Dwyer, J., Challenge of change—nutrition and policy, SNE forum, 54
Drabman, R. S., D. Hammer and G. J. Jarvie, Eating rates of elementary school children, 80

E

Eiler, D. A., see Cook, C. B.

F

Fitzgerald, T. K., Ed., Nutrition and anthropology in action, book review of, 179
Fitzgibbons, J. J. and P. A. Garcia, TV, PSAs, nutrition and the elderly, 114
Fox, H., see Stansfield, P.
Fredrick, L., Fast food gets an "A" in school lunch, book review of, 178
Freedland, R. A. and S. Briggs, A biochemical approach to nutrition, book review of, 182
Fremes, R. and Z. Sabry, NutriScore, The rate yourself plan for better nutrition, book review of, 136
Frey, A. L., see Jansen, G. R.

G

Galton, L., The truth about fiber in your food, book review of, 36
Garcia, P. A., see Fitzgibbons, J. J.
Gates, J. C., Basic foods, book review of, 85
George, C., see Schwartzberg, L.
Gigliotti, L. M., U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 156
Goode, E. T., book reviewer, 179
Graham, D. M. and A. A. Hertzler, Why enrich or fortify foods? commentary, 166
Griffiths, M., K. Kolasa, J. Voichick and N. Wallace, Nutrition education field experience in Nicaragua, program idea, 118
Gunning, B. E., see Lindamood, D. M.
Gussow, A., and J. Gussow, book reviewers, 37

H

Hammer, D., see Drabman, R. S.
Hansen, R. G., see Wittwer, A. J.
Harper, A. E., U.S. dietary goals, Against, perspective, 154; book reviewer, 83
Harper, J. M., see Jansen, G. R.
Harrison, E., book reviewer, 84
Harrison, G. G., More views of WIC, letter to the editor, 8; book reviewer, 83
Henderson, A. C., book reviewer, 182
Herbert-Jackson, E., M. Z. Cross and T. R. Risley, Milk types and temperature—What will young children drink? 76
Hertzler, A. A., see Graham, D. M.
Higgins, M. book reviewer, 84
Hilt, G. M., U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 156
Hollingsworth, D. and E. Morse, Eds., People and food tomorrow, book review of, 84
Houts, M., see Jansen, G. R.

J

Jacobson, H. N., book reviewer, 180
Janousek, F., book reviewer, 138
Jansen, G. R., J. M. Harper, P. Kendall, M. Houts, and A. L. Frey, Menu evaluation—A nutrient approach for consumers, 162; see also Meyers, L. D.
Jarvie, G. J., see Drabman, R. S.
Jelliffe, D. B., More views of WIC, letter to the editor, 8
Johnson, C. K., Gulp—Reaching or preaching, letter to the editor, 101
Johnson, L. M. book reviewer, 181
Jones, H., How to eat your ABC's, A book about vitamins, book review of, 139
Jordan, H. A., L. S. Levitz and G. M. Kimbrell, Eating is okay! A radical approach to successful weight loss, book review of, 84
Judd, H. S., J. M. Terrill and E. Langenwalter, California weight loss program, book review of, 37

K

Kaminaka, E. C., see Cook, C. B.
Katch, F. I. and W. D. McArdle, Nutrition, weight control, and exercise, book review of, 136
Kelley, J. S., book reviewer, 138
Kendall, P., see Jansen, G. R.
Kime, R., L. Tritsch and R. G. Schlaadt, Health instruction: An action approach, book review of, 182
King, C. G., A good idea: The history of The Nutrition Foundation, book review of, 138
Kirpan, E., see Wilson, J. F.
Kolasa, K., see Griffiths, M.; see also Rye, J. A.
Koltun, J. F., Eat and run—Your 1977 diet, exercise and engagement calendar, book review of, 37
Kowtaluk, H. and A. O. Kopan, Food for today, book review of, 138
Kunis, B. S., An enthusiastic reader, letter to the editor, 6

L

Labuza, T. P., Food and your well-being, book review of, 178
Lackey, H. B., book reviewer, 139
Larson, J., U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 156
Latham, M. C. and Stephenson, L. S., U.S. Dietary Goals, For, perspective, 152; book reviewer, 180
Lindamood, D. M. and B. E. Gunning, College nonvegetarians vs. vegetarians—Food habits and knowledge, abstract, 25
Lloyd-Still, J. D., Ed., Malnutrition and intellectual development, book review of, 180
Loomis, K. J., see Bergholz, A. S.
Lowenberg, R. L., see Bowering, J.

M

Magee, J., see Bergholz, A. S.
Mapes, M. C., Gulp—An alternate method for reaching teens, 12; Gulp author replies, letter to the editor, 101
Marshall, L. and B. J. Bramlett, U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 156
May, D. S., book reviewer, 38
McAfee, D. C., book reviewer, 139
McCauley, J. and M. Smith, Vegetebella—A nutrition musical for young and old, program idea, 18
McDonald, L., Instant baby food, book review of, 36
McLaren, D. S., Nutrition and its disorders, book review of, 179
Melnick, D., A teaching manual on food and nutrition for non-science majors, book review of, 38
Merritt, D. H., Ed., Infant nutrition, benchmark papers in human physiology, book review of, 36
Meyers, L. D. and G. R. Jansen, A nutrient approach in the fifth grade, 127

Mills, E. R., Psychological aspects of food habits, 67
Miyamoto, S. H., High school students form nutrition council, letter to the editor, 6
Moghissi, K. S. and T. N. Evans, Eds., Nutritional impacts on women: Throughout life with emphasis on reproduction, book review of, 180
Mondeika, T., book reviewer, 84
Morrison, M. A., see Bowering, J.
Morrow, J. S., U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 157
Moyer, A., Better food for public places, book review of, 137
Munves, E. D., book reviewer, 180

N

National Health Education Committee, The killers and cripplers, Facts on the major diseases in the United States today, book review of, 137
Nutrition Foundation, Inc., The, Nutrition Reviews' present knowledge in nutrition, book review of, 83

O

Oace, S. M., book reviewer, 36
Olson, C. M., book reviewer, 137
Ostwald, R., book reviewer, 178

P

Palgi, A. and T. B. Sheridan, Nutrition slide show with audience participation, 123
Pauling, L., Vitamin C, the common cold and the flu, book review of, 83
Peavy, L., Have a healthy baby, book review of, 180
Peterkin, B., The RDA or U.S. RDA? perspective, 10
Petersen, F. C., see Wilson, J. F.
Phillips, M. C., The new consumerism, editorial, 100; see also, Schwartzberg, L.
Pipes, P., When should semisolid food be fed to infants? perspective, 57; Nutrition in infancy and childhood, book review of, 179
Poolton, M. A., What does the nutrition education specialist need to know? commentary, 105
Préfontaine, M., see Cormier, A.

R

Richmond, F. W., The role of the Federal Government in nutrition education, commentary, 150
Risley, T. R., see Herbert-Jackson, E.
Robertson, L., C. Flinders and B. Godfrey, Laurel's kitchen, book review of, 37
Robinson, C. and M. Lawler, Normal and therapeutic nutrition, book review of, 138
Rockstein, M. and M. L. Sussman, Nutrition, longevity and aging, book review of, 83
Rucker, M. H., P. Y. Tom and G. K. York, Food safety—What do the experts say? 158
Rye, J. A., K. Kolasa and H. Stonehouse, Environmental education reinforces nutrition education, program idea, 74

S

Schiller, R., book reviewer, 182
Schwartz, N. E. and S. I. Barr, Mothers—Their attitudes and practices in perinatal nutrition, 169
Schwartzberg, L., C. George and M. C. Phillips, Issues in food advertising—The nutrition educator's viewpoint, 60
Scientific American, Food and agriculture, book review of, 85
Seeling, M. S., Nutritional imbalances in infant and adult disease: Mineral, vitamin D and cholesterol, book review of, 178
Shannon, B. and C. Christopher, Contemporary nutrition concerns, book review of, 38
Sheridan, T. B., see Palgi, A.
Slattery, M., U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 157
Smith, M., see McCauley, J.
Sorenson, A. W., see Wittwer, A. J.
Speckmann, E. W., U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 157
Stansfield, P. and H. Fox, Grocers—Nutrition knowledge and attitudes, 69
Stare, F. J. and M. McWilliams, Living nutrition, book review of, 38
Stephenson, L. S., see Latham, M. C.
Stern, F. M. and R. S. Hoch, Mind trips to help you lose weight, book review of, 85
Stonehouse, H., see Rye, J. A.
Stunkard, A. J., I almost feel thin! book review of, 181

T

Taylor, R. E., U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 157
Thenen, S., book reviewer, 182
Tirado, N., see Bowering, J.
Tom, P. Y., see Rucker, M. H.
Torillo, A. D., More views of WIC, letter to the editor, 8

U

Uhrmacher, G. R., book reviewer, 139
Ullrich, H. D., A one year reprieve, editorial, 6; Call it "nutritious," editorial, 52; Goals for nutrition education, editorial, 148

V

Vaden, A. G., book reviewer, 137
Vermeersch, J. A., book reviewer, 178
Voichick, J., School lunch in Chicago, commentary, 102; book reviewer, 38; see also, Griffiths, M.

W

Wallace, N., see Griffiths, M.
Wang, V. L., Changing nutritional behavior by aides in two programs, 109
Weininger, J. and G. M. Briggs, Nutrition update, 1977, 173
Werblow, J., U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 157
White, M., More views of WIC, letter to the editor, 8
Whiting, M. G., book reviewer, 179
Whitlock, G. P., book reviewer, 137
Wightman, N., Saccharin—Are there alternatives? perspective, 106
Williams, M. H., Nutritional aspects of human physical and athletic performance, book review of, 36
Williams, S. R., Nutrition and diet therapy, book review of, 138
Wilson, J. F., F. C. Petersen and E. Kirpan, Newark WIC sponsors recipe contest, program idea, 177
Winick, M., Malnutrition and brain development, book review of, 180; Nutritional disorders of American women, book review of, 180
Wittwer, A. J., A. W. Sorenson, B. W. Wyse and R. G. Hansen, Nutrient density—Evaluation of nutritional attributes of foods, 26
Wong, W. D., book reviewer, 179
Wyse, B. W., see Wittwer, A. J.

Y

York, G. K., see Rucker, M. H.

Subject/Title Index

Note: See Author Index for entries listed by author.

Sections of the Journal are indexed below as follows:

Commentary, Editorials, Educational Notebook, Feature and Research Articles, Letters to the Editor, Program Ideas and SNE Forum—by subject and title
Audiovisuals and Pamphlets—by title only (grouped together under "Audiovisuals" or "Pamphlets")
Book Reviews—by subject and title (grouped together under "Book Reviews")
Spectrum—by subject only

A

Abstract form, 152B
Additives
  saccharin, perspective, 106
Adult education
  "one shot" programs, 64
Advertisers
  American Institute of Baking, 90; Audio-Learning, Inc., 181; Beef Industry Council, 149; Dietary Designs, 41; IPC Science and Technology Press, Ltd., 93; Macmillan Publishing Co., 9; Mosby Co., The C. V., 7, 55; New York State Department of Health, 44; Nutrition Foundation, Inc., The, 48; Quaker Oats Company, The, 4; Sunkist Growers, Inc., 89, 95; Potato Board, The, 5, 53; Polished Apple, The, 87, 88, 139, 182; Visual Aids Electronics Corp., 101; Vitamin Information Bureau, 43
Advertising (see also Mass Media)
  college students evaluate TV ads, program idea, 120; effect on children, spectrum, 92; extent and impact on children, commentary, 150; nutritional claims for, 60; recommendations to FTC, editorial, 52
Advocacy
  consumerism and nutritionists, editorial, 100; in school lunch newspaper story, commentary, 102
Aging
  Nutrition and longevity, book review, 83; seniors perform nutrition musical, program idea, 18; TV public service announcements, 114
Aides
  assessment of effectiveness, 109
Anthropology
  nutrition and, book review, 179
Athletics
  nutritional aspects, book review, 36; nutrition, weight control and exercise, book review, 136
Attitudes
  of consumers, spectrum, 40A; of grocers, 69; survey of mothers, 169
Audiovisual methods
  electronic feedback device, 123
Audiovisuals
  Advertising: It's as easy as selling candy to a baby, 183
  Basic nutrition: Food for health, 86; Food for life, 39;
  Consumer education: Changing foods in changing times, 183; Food follies, 183; Label it nutrition, 39; Nutrition: The consumer and the supermarket, 140; Organic food ripoff, the, 86
  Elementary: Dairy Products—From moo to you, 41; Energize at sunrise, 141; Energy 365, 141; Food—1, 2, 3, 4, 40; Good health and you, 40; Juegos de nutricion, Nutrition games, 40; Meet what you eat, 40; Nutrition, 40; Nutrition lesson plans for the primary grades, 87; Nutrition: You are what you eat, 141; Sandy learns about nutrition, 40; Seeing through commercials, A children's guide to TV advertising, 87; Snacking mouse, the, 87; Sniffle free land, 141; Sugar cereal, Imitation orange breakfast, the, 87; Tooth truth with Harv and Marv, 41; Wandering Waldo, 141
  Elementary and intermediate: Nutrition for young people, 184; Snack facts, 184; Snack wisely, 184

Energy conservation: Consumer offensive, the, 183; New alchemists, the, 183; Toast, 183
Food guides: Guide to good eating, 140
Food waste: Trash tells a tale, 183
Hearth disease: Eat right to your heart's delight, 86
Infant nutrition: Bottle babies, 86; Feeding to nourish and love, 140; Feeding your baby, 39; Feeding your baby, 183; Preparing food for your baby, 183
Intermediate and junior high: Decisions, decisions! 141
Planning and policy: Our people, our families, 140
Pregnancy and nutrition: Components of weight gain during pregnancy, 39; Food for a healthy mom and baby, 39; Nutrition for a healthy pregnancy, 39; Nutrition for those with special needs, 140; Prenatal sweepstakes, 86
Secondary: All pork needs is a little understanding! 42; American ethnic foods, Origins and preparation, 185; Balance, balance, balance... 41; Brand names and labeling games, 41; Buy line, the, 41; California avocado, the, 184; Grains in your world, 87; Let's eat food, 141; Look and cook, A complete introduction to nutrition, 41; Meat in a hungry world, 41; Nutrition: The all American meal, 142; Nutrition—What's in it for you, 142; Sports action and health, 184; Teenage nutrition: The picture of health, 142; Vegetarianism in a nutshell, 42; Yogurt classroom kit, 184
Special diets: Reviso, 87; Xchange bingo, 141
World food problems: Cross-world food puzzle, 87

B

Basic nutrition facts (see also Nutrients, Nutrition science)
food and your well-being, book review, 178; present knowledge in nutrition, book review, 83; for obese young adults, 31
Biochemistry
approach to nutrition, book review, 182
Blacks
24-hour diet recalls, 20
Books received, 38, 85, 139, 182
Books, review section, 36, 83, 136, 178
Book reviews
College texts: Basic foods, 85; Biochemical approach to nutrition, a, 182; Contemporary nutrition concerns, 38; Food and agriculture; A Scientific American book, 85; Food, nutrition and you, 182; Health instruction: An action approach, 182; Living nutrition, 38; Normal and therapeutic nutrition, 138; Nutrition and diet therapy, 138; Realities of nutrition, 37; Science of nutrition, the, 181; Teaching manual on food and nutrition for non-science majors, a, 38
Elementary: All the better to bite with, 139; How to eat your ABC's, A book about vitamins, 139; Values for health, 139
Professional and popular: Better food for public places, 137; Childhood obesity, 179; Communications handbook, 36; Eat and run—Your 1977 diet, exercise and engagement calendar, 37; Eating is okay! A radical approach to successful weight loss, 84; Fast food gets an "A" in school lunch, 178; Food and your well-being, 178; Gastronomy, The anthropology of food and food habits, 83; Good idea: The history of The Nutrition Foundation, a, 138; Have a healthy baby, 180; Health robbers, the, 84; I almost feel thin! 181; Infant nutrition, Benchmark papers in human physiology, 36; Instant baby food, 36; Killers and cripplers, Facts on the major diseases in the United States today, the, 137; Laurel's kitchen: A handbook for vegetarian cookery and nutrition, 37; Malnutrition and brain development, 180; Malnutrition and intellectual development, 180; Mind trips to help you lose weight, 85; New nuts among the berries, the, 137; NutriScore, The rate-yourself plan for better nutrition, 136; Nutrition and anthropology in action, 179; Nutrition and its disorders, 179; Nutrition in infancy and childhood, 179; Nutrition, longevity and aging, 83; Nutrition planning in the developing world, Proceedings of regional workshops held by CARE in India, Kenya and Colombia, 84; Nutrition Reviews' present knowledge in nutrition, 83; Nutrition, weight control, and exercise, 136; Nutritional aspects of human physical and athletic performance, 36; Nutritional disorders of American women, 180; Nutritional imbalances in infant and adult disease: Mineral, vitamin D and cholesterol, 178; Nutritional impacts on women: Throughout life with emphasis on reproduction, 180; People and food tomorrow, 84; Plants, food and people, 181; Preventive medicine, USA: Health promotion and consumer health education, 137; Truth about fiber in your food, the, 36; Vitamin C, the common cold and the flu, 83
Secondary: Food for today, 138; Brief encounter with nutrition education, the, Chethik, B. B., 64

C

California
nutrition in, spectrum, 40B
Call it "nutritious," Ullrich, H. D., editorial, 52
Canada
behavior modification for college students, 31; maternal and infant nutrition—mothers' attitudes and practices, 169
Carbohydrate
dietary goals, perspective, 152
Challenge of change—nutrition and policy, Dwyer, J., SNE forum, 54
Changing nutritional behavior by aides in two programs, Wang, V. L., 109
Chicago
school lunch program, commentary, 102
Child nutrition
advisory council report, spectrum, 40A; milk preferences of preschoolers, 76; nutrition in infancy and childhood, book review, 179; obesity in children, book review, 179
Cholesterol
dietary goals, perspective, 152
Classified ads, 45, 94, 143, 186
College nonvegetarians vs. vegetarians—Food habits and knowledge, Lindamood, D. M. and B. E. Gunning, 25
College students
approach to health education, book review, 182; awareness of food habits, 67; behavior modification program, 31; biochemical approach, book review, 182; course for nonmajors, book review, 38; evaluation of TV ads, program idea, 120; food and nutrition for nonmajors, book review, 38; food and your well-being, book review, 178; food habits, thesis abstract, 25; food, nutrition and you, book review, 182; foods text, book review, 85; living nutrition, book review, 38; Nicaraguan field experience, program idea, 118; normal and therapeutic nutrition, book review, 138; nutrition and diet therapy, book review, 138; realities of nutrition, book review, 37; reactions to approach, letter to the editor, 101; science of nutrition, book review, 181
Comics
to reach teens, 12
Commentary, 102, 105, 150, 166
Communications, see Educational methods
Community nutrition
academic preparation for, educational notebook, 35
Consumer education
federal government in nutrition education, commentary, 150; grocers' nutrition attitudes, 69; nutrient approach, 162; nutriscore, book review, 136
Consumerism
new spirit, editorial, 100
Contraception, see Family planning
Cost-benefits
of nutrition education, quotes, 94; of two aide programs, 109

D

Day care
children's milk preferences, 76
Definitions
nutrition education, quotes, 94
Dental health
elementary level, book review, 139
Diet history
engagement and diet calendar, book review, 37; evaluation of 24-hour recalls, 20
Diet therapy
and normal nutrition, book review, 138; nutrition and, book review, 138
Dietary goals
for the U.S., editorial, 52; international and U.S., editorial, 148; Senate Select Committee report, spectrum, 92; various viewpoints, perspective, 152
Dieting, see Weight control
Disease and nutrition
American women, book review, 180; dietary goals, perspective, 152; killers and cripplers, book review, 137; nutrition disorders, book review, 179; nutritional imbalances, book review, 178
Does behavior modification work for obese young adults? Cormier, A. and M. Préfontaine, 31
Drugs and nutrition
nutrients as drugs, 173

E

Eating rates of elementary school children, Drabman, R. S., D. Hammer and G. J. Jarvie, 80
Editorials, 6, 52, 100, 148
Educational materials, see Audiovisuals, Pamphlets
Educational methods, (see also Educational notebook, Evaluation)
behavior modification and young adults, 31; college students evaluate TV ads, program idea, 120; college student field experience in Nicaragua, program idea, 118; college students learn food habits, 67; comics approach to teens, letter to the editor, 101; comics reach teenagers, 12; communications handbook, book review, 36; dietary goals, perspective, 152; electronic feedback device use, 123; fifth grade social studies marketing project, educational notebook, 135; futures techniques, program idea, 72; health education, book review, 182; mass media, spectrum, 40A; nutrient abacus at fifth grade level, 127; nutrient approach for consumers, 162; nutrition musical, program idea, 18; "one shot" programs, 64; science museum exhibit, educational notebook, 71
Educational notebook, 35, 71, 113, 135, 177
EFNEP
comparison with family aide program, 109; evaluation of diet recalls, 20
Elementary
children's eating rates, 80; classroom time spent on nutrition, 131; dental health, book review, 139; eating ABCs, book review, 139; environmental education projects, program idea, 74; food groups approach, educational notebook, 96; nutrient approach in fifth grade, 127; potpourri of methods, educational notebook, 96; teacher inservice training, educational notebook, 96
Energy
and food production, spectrum, 91
Enrichment
U.S. policies, commentary, 166
Environmental education reinforces nutrition education, Rye, J. A., K. Kolasa and H. Stonehouse, program idea, 74
Ethnic groups
24-hour diet recalls, 20
Evaluating 24-hour dietary recalls, Bowering, J., M. A. Morrison, R. L. Lowenberg and N. Tirado, 20
Evaluation
competency-based education, educational notebook, 135; effectiveness of public service announcements, 114; EFNEP aides'

effectiveness, 109; nutrient abacus method in fifth grade, 127; of comic book, 12; of "Feeling Good" TV show, educational notebook, 113; of 24-hour diet recalls, 20

F

Family planning and nutrition
nutrition update, 173
"Fast" food
in school lunch, book review, 178
Fat
dietary goals, perspective, 152
FDA
and saccharin, perspective, 106
Fiber
and food, spectrum, 144; in the diet, book review, 36
Films, see Audiovisuals
Filmstrips, see Audiovisuals
Food-borne illness
experts' opinions, 158
Food groups
as teaching method, educational notebook, 96
Food guides
nutrient approach, 162; nutriscore, book review, 136
Food habits
anthropology, gastronomy, book review, 83; dietary goals, perspective, 152; elementary children's eating rates, 80; nutritional anthropology, book review, 179; preschoolers' milk preferences, 76; psychosocial aspects, 67
Food preparation
college text, book review, 85; WIC recipe contest, program idea, 177
Food programs
overview of, spectrum, 40A
Food quackery
health robbers, book review, 84; nuts among the berries, book review, 137
Food safety—What do the experts say? Rucker, M. H., P. Y. Tom and G. K. York, 158
Food science
fortification and enrichment, commentary, 166
Food service (see also School food service)
better food, book review, 137; "fast" food in schools, book review, 178; fast food meals, spectrum, 40B; fast food meals, spectrum, 144; milk in day care center, 76
Food supply
and world agriculture, book review, 85; plants and people, book review, 181
Fortification
U.S. policies, commentary, 166
Futures
and nutrition education, educational notebook, 113
Futures techniques applied to nutrition education, Barker, J. A. and S. C. Barker, program idea, 72

G

Goals for nutrition education, Ullrich, H. D., editorial, 148
Graduate students examine TV ads for food, Brown, J., program idea, 120
Grocers—Nutrition knowledge and attitudes, Stansfield, P. and H. Fox, 69
Gulp—An alternate method for reaching teens, Mapes, M. C., 12
Gulp author replies, Mapes, M. C., letters to the editor, 101
Gulp—Reaching or preaching, Johnson, C. K., letters to the editor, 101

H

Health education
action approach, book review, 182; values approach, book review, 139
"Health" foods
statement on, spectrum, 91
Heart disease
dietary goals, 152; nutrition update, 173
High school (see also Teenagers)
food for today, book review, 138; nutrition council, letter to the editor, 6
How much nutrition education in grades K–6? Cook, C. B., D. A. Eiler and E. C. Kaminaka, 131

I

Imbalances
nutrients and disease, book review, 178
Infant feeding
baby food costs, spectrum, 40A; baby foods, book review, 36; introduction of semisolids, perspective, 57
Infant nutrition
benchmark papers, book review, 36; mothers' attitudes and practices, 169; nutrition in infancy and childhood, book review, 179; statement on iron, spectrum, 92; solving the bottle feeding problem, spectrum, 144; vitamin D in human milk, spectrum, 40A; WIC program, letters to the editor, 8
Information for contributors, 47
INQ
nutrient density concept, 26
International nutrition
world food supply, book review, 181
Iron
statement on infant nutrition, spectrum, 92
Issues in food advertising—The nutrition educator's viewpoint, Schwartzberg, L., C. George and M. C. Phillips, 60

J

JNE
subscription form, 104A
Journal articles' reviews, see Spectrum

K

Kenya
family nutrition program, educational notebook, 71

L

Lactose
malabsorption of, spectrum, 92
Learning and nutrition
brain development, book review, 180; intellectual development, book review, 180
Legislation
federal government in nutrition education, commentary, 150; recommendations for improvement, spectrum, 93; resulting from newspaper story, commentary, 102; Senate Select Committee reprieve, 6
Letters to the editor, 6, 101

M

Malnutrition
and intellectual development, book review, 180; brain development, book review, 180; international policy options, spectrum, 40B
Mass media
advertising's effect on children, spectrum, 92; communication techniques, spectrum, 40A; evaluation of "Feeling Good" TV show, educational notebook, 113; school lunch story development, commentary, 102; students evaluate TV ads, program idea, 120; TV public service announcements for elderly, 114
Materials, see Audiovisuals, Pamphlets
Maternal and infant nutrition
WIC program, letters to the editor, 8
Medical education
nutrition and its disorders, book review, 179; survey of nutrition curricula, 17
Menu evaluation—A nutrient approach for consumers, Jansen, G. R., J. M. Harper, P. Kendall, M. Houts and A. L. Frey, 162
Milk types and temperatures—What will young children drink? Herbert-Jackson, E., M. Z. Cross and T. R. Risley, 76
Mothers—Their attitudes and practices in perinatal nutrition, Schwartz, N. E. and S. I. Barr, 169
Musical
Vegetebella, program idea, 18

N

New consumerism, the, Phillips, M. C., editorial, 100
Newark WIC sponsors recipe contest, Wilson, J. F., F. C. Petersen and E. Kirpan, program idea, 177
Nicaragua
students' field experiences, program idea, 118
Nutrient approach in the fifth grade, a, Meyers, L. D. and G. R. Jansen, 127
Nutrient density
and definitions of nutritious, editorial, 52; evaluation of foods, 26
Nutrient density—Evaluation of nutritional attributes of foods, Wittwer, A. J., A. W. Sorenson, B. W. Wyse and R. G. Hansen, 26
Nutrients
consumer education approach, 162; fortification and enrichment, commentary, 166; nutrition update, 173
Nutrition action awards
call for entries, 19
Nutrition content in medical curricula, Cyborski, C. K., 17
Nutrition education field experiences in Nicaragua, Griffiths, M., K. Kolasa, J. Voichick and N. Wallace, program idea, 118
Nutrition education specialists
competencies needed, commentary, 105
Nutrition Foundation, The
history of, book review, 138
Nutrition labeling
and menu evaluation, 162
Nutrition policy, see Policy
Nutrition science
college text, book review, 181; nutrition update, 173
Nutrition slide show with audience participation, Palgi, A. and T. B. Sheridan, 123
Nutrition update, 1977, Weininger, J. and G. M. Briggs, 173
Nutritional improvement of food
fortification and enrichment, commentary, 166
Nutritional quality
nutrient density concept, 26
Nutritional value
and soil fertility, NRC statement, spectrum, 93; of foods, ways of conveying, 60
Nutritious
definition needed, editorial, 52

O

Obesity, see Weight control
One year reprieve, a, Ullrich, H. D., editorial, 6
Overweight, see Weight control

P

Perspective, 10, 57, 106, 152
Pamphlets
Aging and nutrition: Nutritional programs for the elderly, 185
Athletics and nutrition: Nutrition power, 88
Basic nutrition: Chicago Nutrition Association publications list 1977, the, 142; Contemporary nutrition, 88
Community action: Guide to the child care food program, a, 88
Consumer education: Datsun action, 42; Family food budgeting for good meals and good nutrition, 88; Guide to nutritive value, a, 88; Nutrient density simply explained, 42
Diet surveys: Methodology for large-scale surveys of household and individual diets, 88
Educational methods: Nutrition education for the junk food generation, 42
Elementary: Food news: The world food situation, 45
Ethnic groups: If you're gonna do it. . . do it to the max! (Can you dig it?), 42
Family planning and nutrition: Passion food isn't enough, 142
Food additives: Today's food and additives, 89
Food chemistry: Food chemistry, an international journal, 89

Food composition: Composition of foods—Dairy and egg products—Raw, processed, prepared, 185; Food composition tables: Updated annotated bibliography, 42; Nutritive value of foods, 185
Food measurements: Average weight of a measured cup of various foods, 185
Food programs: Guide to American food programs, 186; School lunch action guide, 186
Food supply: Effect of soils and fertilizers on human and animal nutrition, the, 42
Grain and cereals: From wheat to flour, 89
Heart disease: Fats, diet & your heart, 142; Fitness management, 89
Infant feeding: Bottle babies, A guide to the baby foods issue, 90; Nutritional aspects of cow's milk in infant feeding, 90
Infant nutrition: Food. . . From birth to birthday, 43
International programs: Nutrisyon, 90
Labeling: Inside information about the outside of the package, 90
Mass media: Children and television: An ACT bibliography, 90; If you want air time, 43; Nutrition in the news: A communications manual, 43
Medical education: Education in nutrition of physicians and dentists, An annotated bibliography, 90
Nutrients: Vitamin A deficiency and xerophthalmia, 43
Nutrition and development: Malnutrition, learning and behavior, 143; Nutritional disorders and the development of young children, 143
Paraprofessional training: Food with love, 143
Policy and planning: Food and agriculture issues for planning, 186; Food policy, 43; Worldwatch paper 9: The two faces of malnutrition, 44
Pregnancy and dental health: How teeth grow, 186
Pregnancy and nutrition: Food, pregnancy and family health, 44
Secondary: Current health, 91; Food in the morning, 186
Special diets: Exchange lists for meal planning, 44; Pillsbury diabetic packet, 186; What Betty Crocker doesn't tell you about sugar! 44
Vegetarian diets: Meat and the vegetarian concept, 90
Vitamin C: VIB vitamin C backgrounder, 143
Weight control: Behavioral control: A new self-help approach to weight control, 45; Obesity, 143
World food and nutrition problems: Food for thought, 91; Hunger: The world food crisis, 143; World food problems: An interdisciplinary view, 186
Physical education, see Athletics
Policy
federal government in nutrition education, commentary, 150; food and nutrition strategies, spectrum, 40B; goals for nutrition education, editorial, 148; in the developing world, book review, 84; nutrition in California, spectrum, 40B; nutrition questions, book review, 84; options for malnutrition, spectrum, 40B; U.S. and nutrition, SNE forum, 54; U.S. dietary goals, spectrum, 92; U.S. government role in nutrition education, spectrum, 144; U.S. health, book review, 137
Policy and planning
dietary goals, perspective, 152; fortification and enrichment, commentary, 166
Posters, see Audiovisuals
Pregnancy
healthy baby, book review, 180
Preschool
milk type/temperature preferences, 76
Professional training
diet therapy, book review, 138; diet therapy and nutrition, book review, 138; community nutrition guidelines, educational notebook, 35; nutrition education specialists' competencies, commentary, 105; workshops for elementary teachers, educational notebook, 96
Program ideas, 18, 72, 118, 177
Program planning
and U.S. policy, SNE forum, 54; futures techniques, program idea, 72; nutrition in California, spectrum, 40B
Programs, U.S.
WIC recipe contest, program idea, 177
Psychological aspects of food habits, Mills, E. R., 67
Puerto Ricans
24-hour diet recalls, 20

R

RDA or U.S. RDA? the, Peterkin, B., perspective, 10
RDAs
vs. U.S. RDAs, perspective, 10; nutrition update, 173
Role of the federal government in nutrition education, the, Richmond, F. W., commentary, 150

S

Saccharin—Are there alternatives? Wightman, N., perspective, 106
Safety of foods
survey of expert opinions, 158
Salt
dietary goals, perspective, 152
School food service
and "fast" food, book review, 178; Chicago lunch program, commentary, 102; nutrition education challenge, educational notebook, 35; Vail proceedings, spectrum, 93
School health
approach to instruction, book review, 182
School lunch in Chicago, Voichick, J., commentary, 102
School lunch, see School food service
Schools
nutrition education specialists, commentary, 105
Science education
environment and nutrition, program idea, 74
Selenium
and human health, NRC statement, spectrum, 93
Senate Select Committee
dietary goals correspondence, perspective, 152; life extended, editorial, 6
Senior citizens, see Aging
Snacks
high schoolers' vending machine choices, spectrum, 94
SNE
and nutrition policy, SNE forum, 54; members' opinions on advertising, 60; membership application, 88A; 1977 annual meeting program, 56A; tribute to Esther Peterson, 100
SNE forum, 54
Spectrum, 40A, 91, 144
Sports, see Athletics
Sugar
dietary goals, perspective, 152
Surveys
consumer attitudes, spectrum, 40A; food safety—experts' opinions, 158; grocers and nutrition, 69; mothers' maternal and infant nutrition attitudes and practices, 169; nutrition in medical schools, 17; SNE members and food advertising, 60; time spent on K-6 nutrition education, 131; 24-hour diet recalls, 20
Surveys of the readership, 8A
Sweeteners
saccharin, perspective, 106

T

Teacher training
and time spent on nutrition education, 131
Teaching techniques, see Educational methods
Teenagers
reached by comics, 12; reactions to use of comic books, letters to the editor, 101
Television, see Mass media
Tomatoes
hazards in home canning, 158
TV, PSAs, nutrition and the elderly, Fitzgibbons, J. J. and P. A. Garcia, 114

U

U.S. dietary goals, Other viewpoints—Excerpts from letters, perspective, 156
U.S. dietary goals, perspective, 152
U.S. RDAs
vs. RDAs, perspective, 10

V

Vegetarians
handbook for, book review, 37; vs. nonvegetarians, thesis abstract, 25
Vegetarianism
statement on, spectrum, 91
Vegetebella—A nutrition musical for young and old, McCauley, J. and M. Smith, program idea, 18
Vending machines
high schoolers' snack choices, spectrum, 94
Vitamin C
and cold and flu, book review, 83
Vitamins
eating ABCs, book review, 139

W

Weight control
behavior modification for young adults, 31; California weight loss program, book review, 37; childhood obesity, book review, 179; diet, exercise, book review, 136; eat and run, book review, 37; eating is O. K., book review, 84; elementary children's eating rates, 80; I almost feel thin! book review, 181; mind trips, book review, 85
What does the nutrition education specialist need to know? Poolton, M. A., commentary, 105
When should semisolid foods be fed to infants? Pipes, P., perspective, 57
Why enrich or fortify foods? Graham, D. M. and A. A. Hertzler, commentary, 166
WIC program
head circumference measurement, letters to the editors, 8; recipe contest, program idea, 177
Women
nutritional disorders, book review, 180; nutritional impacts on, book review, 180
World food situation
plants, food and people, book review, 181